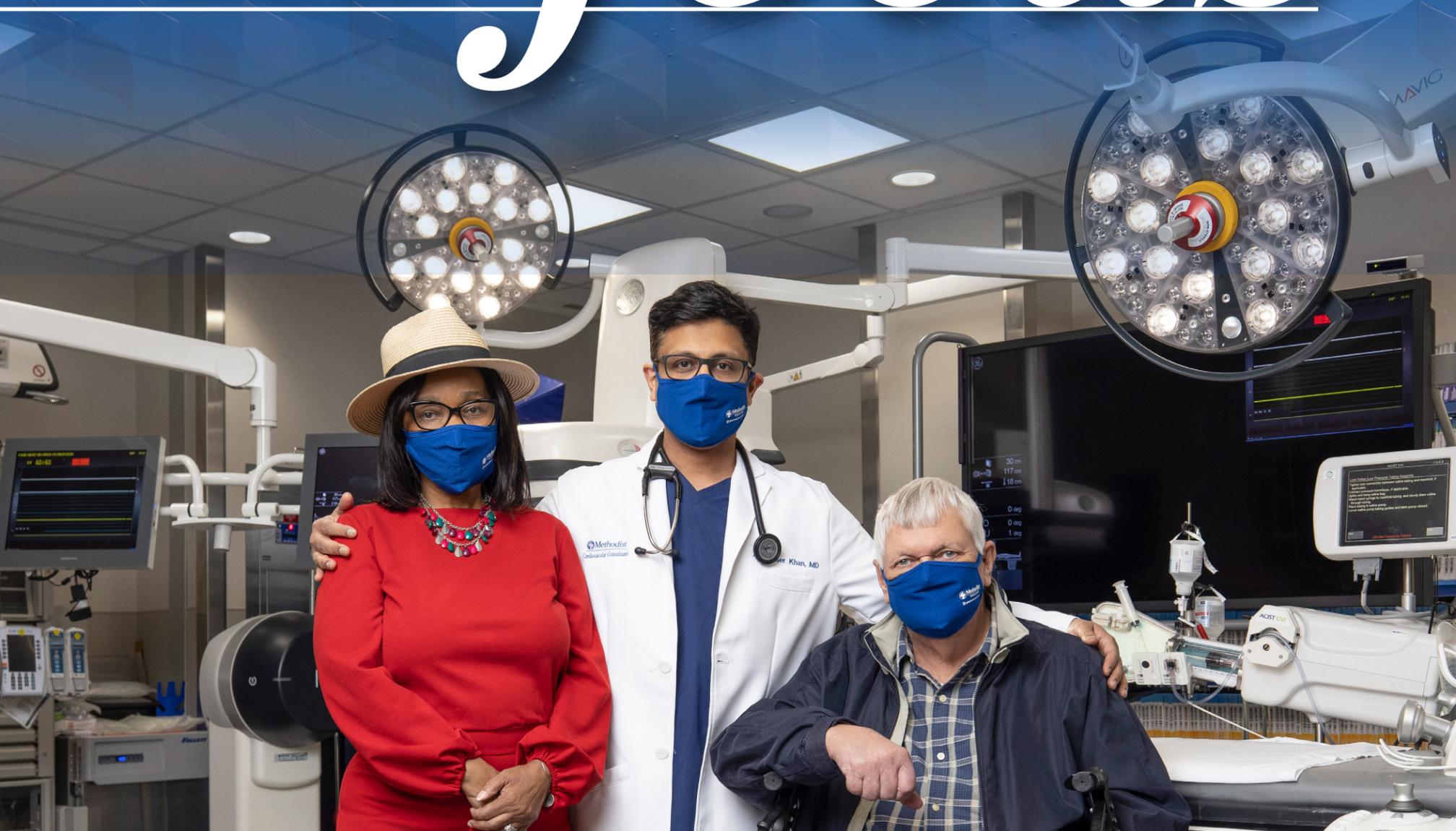




Summer 2022

Foundation focus



Matters of the Heart:

Expanding Cardiology Care | Page 5

Nasser Khan, MD, Medical Director, Structural Heart Program, stands with patients Mary White and Karl Millican in one of the Methodist Dallas Medical Center Catheterization Lab.

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**COMMUNITIES
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 — NTX —
**GIVING
 DAY** presented by
 amazon

2

**A MESSAGE FROM OUR PRESIDENT
THE GOLDEN CROSS MINISTRY
CELEBRATES 100 YEARS**

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**PRESIDENT SPOTLIGHT:
BENSON CHACKO**

Methodist Eases Into a New Normal

Normalcy has returned — and it's been wonderful seeing many of you at recent events and meetings, including the 2021 Robert S. Folsom Leadership Award dinner honoring Linda and Mitch Hart. You'll find a full recap of the event on the insert, but suffice to say, it was a home run of an evening and a welcome reunion for our friends, leaders, board members, and donors. We are incredibly grateful to the Harts for their support and matching gift, which will transform the Women's Imaging Center at Methodist Dallas Medical Center.



James M. Johnston

Even with the ups and downs of the pandemic, Methodist Health System Foundation has weathered the storm well, adding projects and campaigns, as well as a few team members. We are pleased to welcome Aubrey DeZego, director of development; Cathreena Kang, director of grants and stewardship; and Jennifer Massey, director of development. All have extensive experience in development and foundation operations, and we are thrilled that they've joined us to help continue to build our Foundation and our activities to meet the growing needs of our health system and community.

Some notable fundraising highlights include a first-ever \$350,000 grant from the Arlington Tomorrow Foundation for a nursing

collaboration with Texas Tech University Health Sciences Center School of Nursing, Methodist Health System, and the City of Mansfield at our Methodist Mansfield Medical Center campus. In addition, we also received a \$250,000 grant from the Lupe Murchison Foundation for the Sexual Assault Nurse Examiner (SANE) program at Methodist Dallas, the only program of its kind in southern Dallas. In the coming weeks, we will launch the Methodist Gives Employee Giving Campaign, which annually generates approximately \$450,000 for campus needs, programs, and services.

Coming up on June 7 is the long-awaited return of the Eagle Society dinner. It will feature Brian Kilmeade, co-host of FOX & Friends and author of *Sam Houston and the Alamo Avengers: The Texas Victory That Changed American History*, which will be the topic of the evening's program. We have more exciting events and initiatives planned this year, so stay tuned.

We are grateful to a very generous Dallas community for its support of our Foundation and of our faith-based, mission-driven Methodist Health System. Thank you, and we wish you and your family a fun and safe summer!



James M. Johnston
president, Methodist Health System Foundation

The Golden Cross Ministry Celebrates 100 Years With a Gift to the New Golden Cross Food Pantry

In 2021, the Golden Cross Ministry celebrated its centennial year of serving southern Dallas communities. This ministry was created from a vision to revolutionize the way healthcare is delivered to those with the greatest need. Over the last 100 years, that vision has led to the development of the Methodist Dallas Medical Center Golden Cross Academic Clinic, which continues to serve the healthcare needs of some of its most vulnerable communities with primary and specialist care, regardless of insurance status.

A relatively new venture for the Golden Cross Clinic is a food pantry. Clinic staff noticed a health barrier for some of their patients — food insecurity. For some, food insecurity can mean a lack of consistent food access for a short time, while for others it can be an ongoing struggle, forcing their health to take a low priority. Further research concluded that nearly all of the clinic's service area, which includes 28 ZIP codes in southern Dallas and surrounding communities, was considered a "food desert" because they lack access to a grocery store or market.



In January 2021, the Golden Cross Clinic created its own food pantry to help these patients. When patients are seen at the clinic, they are given an opportunity to "shop" for their own food, which also gives them a sense of control. Since the food pantry opened, more than 600 patients, family members included, have received food, allowing them to better focus on their overall health.

To celebrate the centennial of the ministry, the Methodist Health System Foundation Golden Cross Division Board of Trustees approved a \$70,000 gift to renovate the food pantry and an additional \$100,000 to stock the shelves with groceries. The remodel will allow for a larger food pantry and add a refrigerator and freezer section.

The space will also provide an area for education and demonstrations for things like meal planning preparation. Patients who use the food pantry will have an opportunity to apply for Supplemental Nutrition Assistance Program (SNAP) and state benefits, thanks to a partnership with Texas Health and Human Services. The food pantry hopes to complete the renovations by summer.

To learn more about supporting the food pantry, please contact Sondi Fiegel at sondiefiegel@mhd.com.



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For more information, call 214-947-4555 or visit MethodistHealthSystem.org/Foundation.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff are independent practitioners who are not employees or agents of Methodist Health System or any of its affiliated hospitals.

Methodist Dallas Medical Center

Matters of the Heart: Expanding Cardiology Care

Cardiology is at the heart of every hospital. This summer, Methodist Dallas Medical Center will unveil the highly anticipated comprehensive cardiac care unit. Located on the sixth floor of Schenkel Tower, this unit will serve as a dedicated area for all medical, surgical, and interventional cardiac patients.

Throughout the floor-to-ceiling renovation, Methodist Dallas used a multifaceted approach to create a space where patients and their loved ones will feel comfortable during their treatment and recovery. Investments include both technological upgrades, such as advanced cardiac care and patient-monitoring equipment, and specialized training for the nurses who will work on the floor. The size and scope of this renovation was made possible by an anonymous \$4 million gift.

Working alongside Methodist to bring this vision of a dedicated cardiac floor to life is an immense honor. My hope is that this gift will further Methodist's commitment to providing advanced and compassionate cardiac care to our neighbors in southern Dallas and beyond.

— Anonymous donor

Among the new equipment is an extracorporeal membrane oxygenation machine (ECMO), a first for Methodist Health System. Similar to a heart-lung bypass machine used in open heart surgery, ECMO temporarily takes over the work of the heart and lungs so they can rest and heal. This lifesaving procedure is especially beneficial for patients who are very ill with conditions of the heart and lungs or who are waiting for or recovering from a heart transplant.

"Our vision for cardiac care at Methodist Dallas is to be associated with a level of excellence," says Nasser Khan, MD, Medical Director, Structural Heart Program at Methodist Dallas and an independently practicing board-certified interventional cardiologist on the medical staff. "In our pursuit of this, we are increasing our patient capacity and volume, as well as expanding our depth of cardiac care. Our end goal is that when people think of heart care, they think of Methodist."

Karl Millican, 79, is quick to think of Methodist when it comes to his heart care. "I was born at Methodist Dallas in 1943, received one of the first liver transplants performed there, and recently Dr. Khan placed three stents in my coronary arteries due to a blockage," he says. "I've spent time at other hospitals, and there is no comparing them to Methodist Dallas. This new cardiology floor will have a positive impact on cardiology patients in recovery. I remember recovering on the transplant floor and think specialized areas of care are always beneficial."

Beyond the physical improvements to cardiology care is the love and dedication to patients that shines through every day. "I never expected to find such a caring and patient cardiologist," says Mary White, 72, who also had coronary artery blockages and underwent a procedure to have a stents placed. "Dr. Khan and his team take the time to explain all the parts of your care, ensuring you understand and feel comfortable."

From the magnitude of the renovation and comprehensive equipment investments to the thoughtful details in patient amenities and attentive, specially trained nurses, Methodist Dallas is committed to creating a place where people who suffer with heart and lung diseases can receive quality, compassionate care from experts in their fields.

Features on the new floor include:

- Fully renovated, private patient rooms with seating and sleeping areas for family and visitors
- Upgraded call system for seamless patient-nurse communication
- Advanced remote bedside monitoring technology



ECMO machine with MDMC staff



Methodist Dallas Medical Center has a legacy of providing the highest quality of care to all our patients. Because of the philanthropic generosity of individuals through Methodist Health System Foundation, our cardiology patients will now experience an expanded and beautiful unit that matches the quality care our physicians and staff provide. The future of cardiology at Methodist Dallas is bright!

— John Phillips, FACHE, president, Methodist Dallas



Where:
The entire 6th floor of the Pat and Pete Schenkel Tower

38 patient rooms

4 nursing stations



1441 N. Beckley Ave.
Dallas, TX 75203

Make your impact on the **FUTURE.**



Creating a legacy

A powerful way to invest in your community's health for generations to come is by naming Methodist Health System Foundation as a beneficiary in your will.

Our website —

MHSF.PlanMyLegacy.org

— offers resources that make it simple to create your legacy through Methodist.

For information about Methodist's Legacy Giving Program and our Weiss Legacy Society, which recognizes donors who include Methodist in their estate plans, we invite you to contact **Doug Anderson** at **214-947-4596** or **douganderson@mhd.com**. He looks forward to visiting with you!



Growing a health system isn't an easy task, especially through a pandemic, but that's exactly what Methodist Health System did. A key component to growth is choosing the right people to lead. In 2021, Methodist Southlake Medical Center became a wholly owned hospital and Benson Chacko, FACHE was later appointed as the President.

METHODIST GROWS WITH STRONG LEADERS

PRESIDENT SPOTLIGHT

Benson Chacko, FACHE,
president, Methodist Southlake Medical Center

What makes Methodist Health System so special in your opinion?

Methodist is unique because our healthcare system values our employees and hospitals as assets. This was put on display over the last two years with the pandemic. Methodist held true to its care commitments and focused on the long-term impact of our stakeholders. Now, Methodist is stronger than ever and didn't compromise its values.

Can you tell us a little about yourself professionally? What were some milestones that led you to become president of Methodist Southlake?

My mother was the one who helped start my journey in healthcare. She was a nurse manager at our local hospital and made sure I volunteered during my school breaks. After graduate school, my career moved me near and far, giving me the best opportunity to expand my knowledge of hospital operations. This gives me nearly 20 years of a unique and informed experience in

healthcare, and I now have the privilege of joining the Methodist Southlake team.

Are there particular programs or projects you're looking to champion?

Our primary focus right now is to integrate the hospital into the medical community, EMS providers, and the citizens of our primary service area so they are fully aware of our services. As we continue to enhance our service lines, we will identify programs that are a good fit for our community.

Tell us a little about your family and your favorite activities.

I am blessed to have an amazing wife and two kids and to live next to my parents and in-laws. We all stay active with different sports — high on the list are volleyball, golf, and tennis, and I like to run and cycle. Before the pandemic, my wife and I traveled often, and once there's a decline in COVID, we are looking forward to getting back out there to explore the world!



The Folsom Event raises \$2.63 million for the new Linda and Mitch Hart Breast Center



Surprise was the word of the night on Friday, April 8. The 2021 Robert S. Folsom Leadership Award event honoring Linda and Mitch Hart did not disappoint. With the delicious three-course dinner menu personalized with the Harts' favorite foods, three tenors who transitioned from Puccini to Eminem in less than a minute, and, finally, a long-awaited reunion between a monkey and Mitch, it was certainly a night to remember.

Despite being postponed six months, this year's Folsom Award raised a record \$2.63 million that will go entirely toward transforming the Women's Imaging Center at Methodist Dallas. Most years, the center sees more than 12,000 patients for mammograms, diagnostic imaging, biopsies, bone density scans, and other screenings. Many of these patients are uninsured or underinsured, making this center a vital resource for the underserved in our community.

The Folsom Award celebrations launched a month earlier on Thursday, March 24, at a special patron party for the 75-plus Leadership Circle patrons, hosted by Sarah and Ross Perot Jr. at the impressive Perot Companies headquarters. The Folsom Award co-chairs included Karen and Mal Gudis, Nancy Ann and Ray Hunt, Sophia and Willis Johnson, Drs. Lottye and Bobby Lyle, Carolyn and David Miller, and Gail and Dr. R. Gerald Turner.

At the April 8 dinner, the doors to the Hilton Anatole's Chantilly Ballroom opened to a Frank Sinatra impersonator singing "Fly Me to the Moon" and some of Mitch's favorite songs. Once seated, guests were welcomed by masters of ceremonies Dr. Bobby Lyle and Dr. R. Gerald Turner (former Folsom Award recipients and Methodist Health System Foundation board members). The Rev. Lelious Johnson of St. Paul Baptist Church gave the invocation.

Methodist Health System CEO Jim Scoggin remarked, "We are thankful for all whom we were privileged to serve during this unprecedented period, those we could not save and the over 15,000 COVID inpatients our team was able to send home to their loved ones. Methodist was the first health system in North Texas to administer the COVID vaccines, with special emphasis and service to the southern sector." As guests enjoyed the last bites, emcees Bobby and Willis enlightened the audience with a little entertainment: "You know Willis, Linda is a BIG fan of opera. Her favorite is *Tosca*, but it all started when her father took her to see *Lucia di Lammermoor* as a little girl, and she fell in love with opera. So, we thought it would be appropriate

to honor that love and her three favorite singers." With that, three tenors from the Dallas Opera sang an incredible rendition of Puccini's "Nessun Dorma" from *Turandot*. But that was only the first half.

Willis was quick to point out that Linda's musical taste runs the gamut, and that she also loves Eminem. The tenors then ditched their tuxedo jackets for black hoodies and rapped Eminem's hit "Lose Yourself" to much laughter and applause.

Following that surprise was a special video from Mitch's childhood friends about growing up in New Boston, Texas, and how the group had reconnected for monthly luncheons, with Mitch providing the moniker, the "New Boston Mafia" — and he as the godfather.

But the biggest surprise of all came as a turning-of-the-tables moment. A video of the 2014 Folsom Award honoring Bobby showed Linda and Mitch onstage — Linda retelling the story of Bobby accidentally hitting a monkey on the head during a golf outing on the island of Nevis. Meanwhile, Mitch held a Capuchin monkey that started "going ape" and was crawling all over him. Laughter ensued as Mitch and the monkey tussled, with the monkey swatting at him. When the video finished, Bobby signaled that a reunion was in store — and out came the same monkey (re-named Milledge A. Hart V, aka "Quint") with his handler, and they collectively walked down to the audience to greet Mitch to "We Are the Monkees" by The Monkees.

Methodist Foundation president Jim Johnston then recognized the Folsom family and previous Folsom Award recipients in attendance that night: Nancy Ann Hunt, Dr. Lyle, Jack Lowe, Dr. Turner, David Miller, Senator Royce West, and former Mayor Mike Rawlings.



Mitch Hart reunited with Milledge A. Hart V, aka "Quint"

Capping off the night, the Harts' grandchildren introduced a special tribute video highlighting the Harts' personal history, professional excellence, and community and philanthropic endeavors. Linda and Mitch then walked on stage to Marvin Gaye and Kim Weston's "It Takes Two" and accepted the Folsom Eagle Award from Steve Folsom, son of Bob Folsom and chairman of the Methodist Foundation Board of Trustees.

"Mitch and I are really thrilled to receive the 2021 Folsom Award and are truly humbled by your response and presence here tonight. Everything we have done over the past 34 years, we have done together. So we view being honored — jointly — as a type of wonderful lifetime achievement award, even though both our careers and our philanthropy together will, we hope, continue for a very long time," said Linda. "We toured the Women's Imaging Center and couldn't be more excited by Methodist's plans to transform the existing center into a modern, beautiful, and comfortable facility — one that will be equal to the extraordinary care already being delivered to patients. So much so, Mitch and I decided to match, dollar for dollar, the aggregate net proceeds from this event, and it is our hope that this match will greatly accelerate the renovation."

In honor of the Harts' very generous match, Jim unveiled the last surprise of the evening — the renaming of the Women's Imaging Center to the Linda and Mitch Hart Breast Center at Methodist Dallas, and a standing ovation followed. Finally, confetti blew and an ABBA cover band sang "Dancing Queen" to end a remarkable and meaningful night of fun!

For more photos of the 2021 Patron Party and Robert S. Folsom Leadership Award, please go to [FolsomPhotoGallery.com](https://www.folsomphoto.com)



Patron Party - March 24, 2022



Joyce and Selly Belofsky



Mitch and Linda Hart, Ross Perot, Jr.



Gail and Dr. R. Gerald Turner



Mitch and Linda Hart, Sophia and Willis Johnson



Kay and Duncan Fulton



Tim Weber, Carolyn and David Miller

Robert Folsom S. Leadership Award - April 8, 2022



Frank Sinatra impersonator



Gerald and Candace Alley, Charles English



2021 Folsom Award Co-Chairs



Micki and Mike Rawlings



Eminem's "Lose Yourself"



2021 Folsom Award Presentation



Ray and Nancy Ann Hunt, Frank Mihalopoulos



Pat and Pete Schenkel



Linda and Mitch Hart



Emcees: Dr. R. Gerald Turner, Willis Johnson, and Dr. Bobby Lyle



Drs. Robert and Marcia Genta, Drs. Rana and Joe Saad



Hart Family

For more photos of the 2021 Patron Party and Robert S. Folsom Leadership Award, please go to [FolsomPhotoGallery.com](https://www.folsomphotogallery.com)